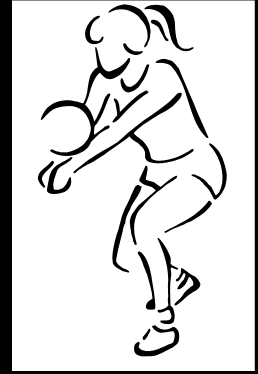


# Volleyball 101

## Summer Camp

Get the “passing” grade you need to make the team!



Volleyball 101 is a summer camp designed to help middle school athletes prepare for team tryouts. This camp focuses on fundamentals and technique to groom players for tryouts and competition. Players are taught important skills such as passing, setting, hitting, and overhand serving. Camp participants will learn important background knowledge in addition to physical skills. It does not matter what skill level the athlete is at on day one. Volleyball 101 graduates will leave camp with the skills, knowledge, and confidence to help secure their spot on their middle school team in the fall.

**CAMP DATES:**  
**JULY 12-16, 2010**

### **IMPORTANT INFORMATION:**

- All campers will receive a camp t-shirt, skill evaluation, and camp award.
- Campers can attend both the morning and afternoon sessions.
- All campers must be covered by the family’s medical insurance.
- Camp Site: 1515 Hillendahl  
Houston, Texas 77055

### **CAMP DIRECTOR: STASIA DAVIS FISCHER**

Coach Fischer has 16 years of volleyball experience and competed at the collegiate level at Houston Baptist University. Coach Fischer attended the National Tournament four times and played on the HBU 2002-2003 National Runner’s Up Team. While at HBU, she was named to All-Tournament, All-Conference, and All-American Teams. She has been coaching middle school players at camps and on club teams for 10 years. She currently coaches volleyball at Spring Branch Middle School. Coach Fischer knows what middle school coaches look for at tryouts and knows how to prepare athletes for the challenge.